



A TASTE OF
Love

Valentine's at Varanese, Saturday February 11 - Tuesday, February 14, 2012

SPECIAL APHRODISIAC MENU

Jumbo Fried Oysters with Mustard Remoulade and Chipotle Sauce
Garnished with Micro Cilantro - **10**

Hearts of Romaine, Artichoke Hearts and Hearts of Palm
Dressed by Gorgonzola Cheese, Grape Tomatoes,
Toasted Almonds and Strawberry Vinaigrette - **7**

Baked Beef Tenderloin Crostini
Topped with Caramelized Onions and Boursin Cheese - **7**

Grilled Certified Angus Beef Tenderloin
Served with Roasted Garlic and Fontina Cheese Whipped Potatoes,
Grilled Asparagus Finished with a Cabernet and
Thyme Hollandaise - **30**

Pan Seared Hawaiian Butterfish (Walu) served with Broccolini
Oven Roasted Marbled Potatoes
Finished with a Pumpkin Seed Pesto and Romesco Sauce - **30**

Porcini Dusted Cowboy Ribeye
With House-Made Bacon, Bone Marrow and Leek Bread Pudding
Finished with a Spicy Roasted Tomato Demi - **35**

Lobster Ravioli and Grilled Diver Scallops tossed with Arugula and
Oyster Mushrooms with a Savory Saffron-Lobster Butter Sauce
Garnished with Truffled Ribbon Potatoes - **30**

Chocolate, Banana and Peanut Butter Pie
Served with a Strawberry PB&J Ice Cream - **7**

Did You Know that...

Chocolate - Contains central nervous system stimulants that make people feel better; Rumor has it that Montezuma drank 50 cups of chocolate every day to boost his virility so that he could keep up with his harem of 600 women; Some ancient monks were forbidden to eat chocolate because of its potential to initiate sexual thoughts.

Tomatoes - The French believed tomatoes to be, love apples; some historians believe that the original forbidden fruit in the bible was actually the tomato.

Strawberries - Associated with romance because of its abundance of seeds on each piece of fruit making it very fertile; it is also light on the palate to keep the minds and bodies of the romantic alert and active.

Vanilla - The ultimate in aromatherapy for the soul.

Truffles - Scent is similar to the human male sex hormone; they are also rare and expensive which adds to their allure.

Broccoli Rabe - The ground seeds of various plants in the brassica family were believed to increase virility.

Asparagus - Reputed to stir up lust in men and women.

Garlic - The heat ignites the flames of passion in men and women back to top.

Basil (sweet basil) - Stimulates the sex drive and boosts fertility. It also produces a general sense of well being.

Almond - A symbol of fertility throughout the ages. The aroma is thought to induce passion in a female.

Bananas - The banana flower has a marvelous phallic shape and is partially responsible for the popularity of the banana as an aphrodisiac. Bananas are rich in potassium and B vitamins, necessities for sex hormone production.

Saffron - Used as a stimulant or inebriant depending on dosage. Sun dried filaments ingested stimulates sexual desires for women. Essential oil evokes long, distinctive organs.

Carrots - It is believed to be a stimulant to the male. The phallus shaped carrot has been associated with stimulation since ancient times and was used by early Middle Eastern royalty to aid in seduction.

Coffee - Coffee is a well known stimulant which stimulates both the body and mind so partake in a little in preparation for an all-nighter.

Coriander (Cilantro seed) - The book of The Arabian nights tells a tale of a merchant who had been childless for 40 years and but was cured by a concoction that included coriander.

Oysters - Oysters were documented as an aphrodisiac food by the Romans in the second century A.D. as mentioned in a satire by Juvenal. He described the wanton ways of women after ingesting wine and eating "giant oysters". An additional Hypothesis is that the oyster resembles the "females" genitals. In reality oysters are a very nutritious and high in protein.

Chili Peppers - Increase heart rate and blood flow.

Champagne - Viewed as the "Drink of Love" an elixir that in moderate quantities lowers inhibitions and cause a warm glow in the body.

Wine - A glass of wine or two can greatly enhance a romantic interlude. Wine relaxes and helps to stimulate our senses. Drinking wine can be an erotic experience. Let your eyes feast on the color of the liquid. Caress the glass, savor the taste on your lips.